

**DEBRA THANA SAHID KSHUDIRAM SMRITI MAHAVIDYALAYA
DEBRA, PASCHIM MIDNAPORE, WEST BENGAL**



PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF

**BACHELOR OF ARTS WITH PHILOSOPHY
(MULTIDISCIPLINARY STUDIES)**

3-YEAR UNDERGRADUATE PROGRAMME

(w.e.f. Academic Year 2024-2025)

Based on

**Curriculum & Credit Framework for Undergraduate Programmes
(CCFUP), 2024 & NEP, 2020**

Bachelor of Arts in Humanities with Philosophy, Debra Thana SKS Mahavidyalaya, Debra, Paschim Medinipur

DEBRA THANA SAHID KSHUDIRAM SMRITI MAHAVIDYALAYA
BACHELOR OF ARTS IN HUMANITIES with PHILOSOPHY (*under CCFUP, 2024*)

| Level | YR. | SEM | Course Type | Course Code | Course Title | Credit | L-T-P | Marks | | | |
|------------------------------------|-----------------|-------------------------|--------------------|-------------|---|--------|-------|-----------|-----|-------|--|
| | | | | | | | | CA | ESE | TOTAL | |
| B.A. in Humanities with Philosophy | 1 st | I | SEMESTER-I | | | | | | | | |
| | | | Major-1 (Disc.-A1) | PHUPMJ101 | T: Indian Philosophy <i>(To be studied by the students taken Philosophy as Discipline-A)</i> | 4 | 3-1-0 | 15 | 60 | 75 | |
| | | | SEC | SEC01 | Yoga for Stress Management. | 3 | 0-0-3 | 10 | 40 | 50 | |
| | | | AEC | AEC01 | Communicative English-1 (<i>common for all programmes</i>) | 2 | 2-0-0 | 10 | 40 | 50 | |
| | | | MDC | MDC01 | Multidisciplinary Course-1 (<i>to be chosen from the list</i>) | 3 | 3-0-0 | 10 | 40 | 50 | |
| | | | VAC | VAC01 | VAC-01: ENVS (<i>common for all programmes</i>) | 4 | 2-0-2 | 50 | 50 | 100 | |
| | | | Minor-1 (Disc.-C1) | PHIMI01 | T: Indian Philosophy <i>(To be studied by the students taken Philosophy as Discipline-C)</i> | 4 | 3-1-0 | 15 | 60 | 75 | |
| | | Semester-I Total | | | | | | 20 | | | |

PMJ= Major Programme(Multidisciplinary), MI = Minor, A/B = Choice of Major Discipline; C= Choice of Minor Discipline; SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, VAC = Value Added Course; CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL = Modern Indian Language, ENVS = Environmental Studies

MAJOR (MJ)

Major A1/B1: Indian Philosophy

Credits 04 (Full Marks: 75)

Major A1/B1: Indian Philosophy

[Theory: 60 lectures]

Course contents:

- A. Introduction: Basic features of Indian Philosophy, the difference between philosophy and *Darśana*. **[6 lectures]**
- B. Cārvāka System - Epistemology, Metaphysics. **[10 lectures]**
- C. Jaina System - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya, Jaina Ethics. **[13 lectures]**
- D. Bauddha System: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda-vāda), Doctrine of Momentariness, (Kṣanabhangavāda), Theory of no-soul (Nairātmyavāda) **[15 lectures]**
- E. Nyāya System: Pramā and Pramana, Different kinds of Pramāṇa, Pratyakṣa and its classification, Sannikarṣa. **[16 Lectures]**

Suggested Readings:

English:

1. Hiriyana, M: (1951), *Outlines of Indian Philosophy*, London: Allen & Unwin.
2. Sharma, C.D. (2003) *Critical Survey of Indian Philosophy*, Delhi: Motilal Banarsidass.
3. Chatterjee, S.C. & D.M. Datta (1984), *An Introduction to Indian Philosophy*, reprint, University of Calcutta.
4. Mohanty, J.N. (1992), *Reason and Tradition in Indian Thought*, Oxford, Clarendon Press.
5. Dasgupta, S.N. (2004), *A History of Indian Philosophy*, vol.1, Delhi, Motilal Banarasidass Publishers, Pvt. Ltd.
6. Radhakrishnan, S. (1929), *Indian Philosophy*, Volume I & II, Muirhead Library of Philosophy, 2nd edition, London: George Allen and Unwin.
7. J.N. Sinha, *Indian Philosophy* (Vol. I & II), Sinha Publishing; Calcutta; 1956.
8. Ramakrishna Bhattacharya, *Studies on the Carvaka/Lokayata*, Anthem Press, 2011.
9. T.R.V. Murti, *The Central Philosophy of Buddhism*, Routledge Taylor & Francis Group, New York, 1955.
10. K.P. Sinha, *Reflections on Indian Philosophy*., Chaukhamba Orientalia, Delhi, 1984.
11. K.P. Sinha, *Philosophy of Jainism*, South Asia Books, 1990.
12. S.C. Chatterjee, *Nyaya Theory of Knowledge*, University Of Calcutta, 1939.

13. D.M. Dutta, *Six Ways of Knowing*, University Of Calcutta, 1960.
14. Annambhatta, Tarka Samgraha with Dipika, edited by, Gopinath Bhattacharya, Progressive Publisher, Kolkata 1976.
15. Kesava Misra, *Tarkabhasa*, translated and elucidated by Gangadhar Kar, Volume 1, Centre of Advanced Study in Philosophy, 2009.

Bengali:

1. Debabrata Sen. *Bharatiya Darshan*, Benarjee Publishers, Calcutta, 1955.
2. Pradyot Kumar Mandal, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2010.
3. Dipak Kumar Bagchi, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2014.
4. *Bharatiya Darshan: Nirodbaran Chakraborty*
5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
6. Debiprasad Chattopadhyay. *Lokayata Darshan*, New age Publishers Pvt. Ltd. 1363.
7. Ramakrisna Bhattacharya. *Carvakacarca*, NBA Publication, 2017.
8. *Carvaka Darshan: Panchanan Sastri*
9. *Carvaka Darshan: Amit Kumar Bhattacharya*
10. Swami Vidyananya. *Bauddha Dharma O Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2020.
11. *Bauddha Darshan: Panchanan Sastri*
12. Dakshina Ranjan Sastri, *Carvaka Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1982.
13. Karuna Bhattacharya, *Nyaya-Vaisesika Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata.
14. *Gautama Buddher Darshan o Dharma: Sukomol Choudhury*
15. *Bauddha Darshan: Amit Kumar Bhattacharya*
16. *Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya*
17. Phanibhushan Tarkavagisha. *Nyaya Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2015.
18. Phanibhushan Tarkavagisha. *Nyaya Paricaya*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1978.

MINOR (MI)

MI -1/C1: Indian Philosophy

Credits 04 (Full Marks: 75)

MI-1/C1: Indian Philosophy

[Theory: 60 lectures]

Course contents:

- A. Introduction: Basic features of Indian Philosophy, the difference between philosophy and *Darśana*. **[6 lectures]**
- B. Cārvāka System - Epistemology, Metaphysics. **[10 lectures]**
- C. Jaina System - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya, Jaina Ethics. **[13 lectures]**
- D. Bauddha System: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda-vāda), Doctrine of Momentariness, (Kṣanabhangavāda), Theory of no-soul (Nairātmyavāda) **[15 lectures]**
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8. Ramakrishna Bhattacharya, *Studies on the Carvaka/Lokayata*, Anthem Press, 2011.
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14. Annambhatta, *Tarka Samgraha* with Dipika, edited by, Gopinath Bhattacharya, Progressive Publisher, Kolkata 1976.
15. Kesava Misra, *Tarkabhasa*, translated and elucidated by Gangadhar Kar, Volume 1, Centre of Advanced Study in Philosophy, 2009.

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3. Dipak Kumar Bagchi, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2014.
4. *Bharatiya Darshan: Nirodbaran Chakraborty*
5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
6. Debiprasad Chattopadhyay. *Lokayata Darshan*, New age Publishers Pvt. Ltd. 1363.
7. Ramakrisna Bhattacharya. *Carvakacarca*, NBA Publication, 2017.
8. *Carvaka Darshan: Panchanan Sastri*
9. *Carvaka Darshan: Amit Kumar Bhattacharya*
10. Swami Vidyananya. *Bauddha Dharma O Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2020.
11. *Bauddha Darshan: Panchanan Sastri*
12. Dakshina Ranjan Sastri, *Carvaka Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1982.
13. Karuna Bhattacharya, *Nyaya-Vaisesika Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata.
14. *Gautama Buddher Darshan o Dharma: Sukomol Choudhury*
15. *Bauddha Darshan: Amit Kumar Bhattacharya*
16. *Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya*
17. Phanibhushan Tarkavagisha. *Nyaya Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2015.
18. Phanibhushan Tarkavagisha. *Nyaya Paricaya*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1978.

SKILL ENHANCEMENT COURSE (SEC)

SEC 1: Yoga for Stress Management

Credits 03

SEC1P: Yoga for Stress Management

Full Marks: 50

Course Outline:

- a) Introduction to Yoga for stress management
- b) Stress according to Western Perspectives
- c) Stress Hazards and Yoga
- d) Meeting of the Challenges of Stress
- e) Role of Yoga in prevention and management of stress-related disorders- a summary of research evidence
- f) Meditation: 'OM' meditation and pranayama

Assessment:

- A. A detailed report must be submitted to the concerned college by the candidate with the picture of practical activities.
- B. Viva-voce

Suggested Readings:

1. H.R. Nagendra and R Nagarathna, *Yoga for Promotion of Positive Health*, Swami Vivekanda Yoga Prakashana, 2001.
2. R. Contrada and A. Barun, *The Handbook of Stress Science: Biology, Psychology and Health*. Springer Publishing Company, 2011.
3. Al'Absi, M. (Ed.). *Stress and Addiction: Biological and Psychological Mechanisms*, Elsevier Academic Press, 2007.
4. Principles and Practice of Stress Management by O. Van Den Bergh.
5. Swami Muktibodhananda, *Hatha Yoga Pradipika*, Bihar School of Yoga, 1999.
6. Sen Atul Chandra, *Srimad Bhagavad Gita*, Haraf Prakashani, 2000.