



Annual Report

of

NSS Activities

Session: 2023 – 24

NSS Units – I, II, III

of

Debra Thana Sahid Kshudiram Smriti Mahavidyalaya



Celebration of Van Mahotsav week- 2023

Date- 05/07/2023

No. of NSS Volunteers
Participated: 60

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association & Medica Health Unit, Debra

Activities taken up:

- i) Plantation Programme & Plant distribution among NSS Volunteers.
- ii) Cleanliness drive Programme.

Dignitary Present:

1. Dr. Rupa dasgupta, Principal, Debra Thana S K S Mahavidyalaya

Action Photos



Celebration of Independence Day- 2023

Date- 15/08/2023

**No. of NSS Volunteers
Participated: 211**

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association and Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya Unit

Activities taken up:

- i) Flag Hoisting Ceremony
- ii) Cultural Programs
- iii) Parades and Marches

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Humayun Kabir, M.L.A. of 229 – Debra Constituency, Paschim Medinipur and Member of Governing Body of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Teachers Day Celebration

Date- 05/09/2023

**No. of NSS Volunteers
Participated: 278**

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association, Debra Thana S K S Mahavidyalaya Unit

Activities taken up:

- i) **Thank You Notes:** Students write and present thank you notes to their teachers.
- ii) **Cultural Programs:** Organize performances by students, including songs, dances, and skits dedicated to teachers.
- iii) **Speeches and Tributes:** Invite students and staff to give speeches honoring teachers.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) All respected teachers of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Dengue Awareness Campaign & Cleanliness programme at College Campus & Adopted Village, Chakkumar

Date: 20/09/2023

**No. of NSS Volunteers
Participated: 75**

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association and Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya Unit

Activities taken up:

- i) Awareness Drives:** Conduct door-to-door visits to educate residents about dengue prevention.
- ii) Distribution of Informational Materials:** Hand out pamphlets and brochures with information on dengue symptoms, treatment, and prevention.
- iii) Cleanliness Drives:** Mobilize community members to clean up public spaces, especially areas with stagnant water where mosquitoes breed.
- iv) Fogging and Spraying:** Conduct fogging and spraying of insecticides in high-risk areas to reduce mosquito populations.

Dignitary Present:

- 1. Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- 2. Headmaster, Chak Kumar Primary School.

Action Photos



An Orientation Programme for New NSS Volunteers

Date - 22/09/2023

**No. of NSS Volunteers
Participated: 348**

Organised by: NSS unit – I, II, III

Activities taken up:

- i) Welcome Address:** Introduction by the NSS coordinator or a senior volunteer.
- ii) Introduction to NSS:** Overview of the NSS, its objectives, and its history.
- iii) Roles and Responsibilities:** Explanation of the roles and responsibilities of NSS volunteers.
- iv) Action Plan:** Development of an action plan for upcoming NSS activities and projects.
- v) Q&A Session:** Open forum for new volunteers to ask questions and clarify doubts.

Dignitary Present:

1. Mr. Saikat Chakrabarti, Head of History Department, Debra Thana S K S Mahavidyalaya.

Action Photos



Celebration of NSS Day- 2023

Date - 24/09/2023

**No. of NSS Volunteers
Participated: 73**

Organised by: NSS unit – I, II, III

Activities taken up:

- i) Cleanliness drive programme
- ii) Plantation programme by NSS Volunteers

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Birthday Celebration of Ishwar Chandra Vidyasagar

Date – 26/09/2023

No. of NSS Volunteers
Participated: 223

Organised by: NSS unit – I, II, III

Collaboration: Dept. Of Bengali & History

Activities taken up:

- i) Recitations and discussions of Vidyasagar's life and contributions
- ii) Cultural programs including songs, dances, and skits

Dignitary Present:

- i) Dr. Diplab Dutta, Assistant Professor, Department of Bengali, Debra Thana S K S Mahavidyalaya
- ii) Dr. Shatrughan Kahar, Assistant Professor, Department of History, Debra Thana S K S Mahavidyalaya

Action Photos



Campaign of Swachhata Hi Seva

Date – 29/09/2023

No. of NSS Volunteers
Participated: 48

Organised by: NSS unit – I, II, III

Collaboration: Dept. of Nutrition

Activities taken up:

- i) Swachhata Cleaning activities in College premises
- ii) Awareness programme of Single use plastic
- iii) Celebration of National Nutrition Month
- iv) Gardening in our College Campus

Dignitary Present:

- i) Sk Sarfaraz Ali, Head of the Department of Chemistry, Debra Thana S K S Mahavidyalaya

Action Photos



Birthday Celebration of Mahatma Gandhi

Date -02/10/2023

**No. of NSS Volunteers
Participated: 31**

Organised by: NSS unit – I, II, III

Activities taken up:

- i) Tributes and speeches on Gandhi's philosophy and contributions
- ii) Cultural programs

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Dry food distribution in flood areas by NSS volunteers

Date – 04/10/2023

**No. of NSS Volunteers
Participated: 21**

Organised by: NSS unit – I, II, III

Collaboration: Duan Gram Panchayet, Balichak

Activities taken up:

- i) Identification of flood-affected areas
- ii) Coordination with local authorities
- iii) Procurement of dry food items
- iv) Mobilizing volunteers for distribution efforts

Dignitary Present:

- i) Mr. Mantu Sahoo, Dept of Education, Debra Thana S K S Mahavidyalaya

Action Photos



Rangoli Making by NSS Volunteers in Our College Campus

Date – 09/10/2023

**No. of NSS Volunteers
Participated: 19**

Organised by: NSS unit – I, II, III

Activities taken up:

- i) Planning and organizing the rangoli making event
- ii) Selection of a suitable area within the college campus
- iii) Gathering materials such as colored powders, flowers, and stencils
- iv) Forming teams of NSS volunteers for collaborative design
- v) Creating thematic and creative rangoli designs
- vi) Displaying the rangoli art for campus visitors to appreciate

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



A Seminar on Khadi & Village Industries

Date – 10/10/2024

No. of NSS Volunteers Participated:
159

Organised by: NSS unit – I, II, III

Collaboration: Dept. of History, Debra Thana S K S Mahavdiyalaya

Activities taken up:

- i) Inauguration of the seminar by dignitaries
- ii) Keynote addresses by experts in khadi and village industries
- iii) Presentations on the history and significance of khadi
- iv) Discussions on the role of village industries in sustainable development

Dignitary Present:

- i) Dr. Shatrughan Kahar, Dept of History, Debra Thana S K S mahavidyalaya

Action Photos



Invitation to the 'Pritivoj' for Students of Baragarh Primary School

Date – 12/10/2023

No. of NSS Volunteers
Participated: 62

Organised by: NSS unit – I, II, III

Collaboration: Baragarh Ramkrishna Primary School

Activities taken up:

- i) Arranging seating and dining areas for students and guests
- ii) Preparing and serving a variety of delicious food items
- iii) Ensuring hygiene and safety measures are followed

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Humayun Kabir, M.L.A. of 229 – Debra Constituency, Paschim Medinipur and Member of Governing Body of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Health Check up Camp- 2023

Date – 13/10/2023

No. of NSS Volunteers
Participated: 68

Organised by: NSS unit – I, II, III

Collaboration: Dept. of BMLT, Debra Thana S K S Mahavidyalaya and Debra Super Specialty Hospital, Debra, Paschim Medinipur

Activities taken up:

- i) Arranging necessary medical equipment and supplies
- ii) Setting up registration and help desks for participants
- iii) Conducting basic health screenings
- iv) Performing general medical examinations

Dignitary Present:

- i) Dr. Anabil Dutta, Medical Officer, Debra Super speciality Hospital

Action Photos



Fit India Freedom Run 4.0

Date – 16/10/2023

No. of NSS Volunteers
Participated: 79

Organised by: NSS unit – I, II, III

Collaboration: Dept. of Physical Education, Debra Thana S K S mahavidyalaya

Activities taken up:

- i) Volunteers participated in Plog Run and Collected around 2.5 kgs of plastic surrounding the College ground and some parts of the adopted village, Baragarh.
- ii) Volunteers also participated in the Walkathon Programme.
- iii) Volunteers participated in Yoga practice programme & volleyball match.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Distribution of Clothes among Street Children

Date – 17/10/2023

**No. of NSS Volunteers
Participated: 56**

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Activities taken up:

- i) Identifying target areas with street children in need
- ii) Coordinating with local authorities
- iii) Collecting clothes
- iv) Packaging clothes into distribution kits
- v) Mobilizing volunteers to assist with.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Mr. Vivekananda Mukherjee, Member of Governing Body, Debra Thana S K S mahavidyalaya

Action Photos



Cleanliness drive programme

Date – 23/11/2023

No. of NSS Volunteers
Participated: 37

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Activities taken up:

- i) Planning and organizing the cleanliness drive and Gathering necessary cleaning supplies and equipment
- ii) Forming teams of volunteers for different tasks and Identifying and selecting specific areas for the drive
- iii) Distributing gloves, masks, and other protective gear to volunteers
- iv) Properly disposing of collected waste at designated sites

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



LEGAL AWARENESS CAMP

Date – 30/11/2023

No. of NSS Volunteers
Participated: 211

Organised by: NSS unit – I, II, III

Collaboration: District Legal Services Authority, Paschim Medinipur, West Bengal

Activities taken up:

- i) Introduction to Basic Legal Rights
- ii) Information on Legal Aid and Support Services
- iii) Guest Lectures by Legal Experts
- iv) Legal Counseling Sessions

Dignitary Present:

- i) Mrs. Rekha Hui, Govt Nominee of GB, Debra Thana S K S mahavidyalaya

Action Photos



Observation of World AIDS Day

Date – 01/12/2023

No. of NSS Volunteers
Participated: 135

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Activities taken up:

- i) Rally in village
- ii) Awareness seminar

Dignitary Present:

- i) Dr. Mrinal Kanti Saren, Assistant Professor, Department of History

Action Photos



Annual Sports Meet 2023

Date – 04/12/2023

No. of NSS Volunteers
Participated: 251

Organised by: NSS unit – I, II, III

Collaboration: Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Activities taken up:

- i) Inviting Students from Chak Kumar Primary School
- ii) Opening Ceremony
- iii) Sports Activities for Young Children
- iv) Track and Field Events
- v) Fun Games and Activities
- vi) Award and Medal Distribution Ceremony
- vii) Closing Ceremony

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Joydev De, Assistant Prof of Physics Dept, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



A Cleanliness Programme on Plastic Free Campus

Date – 14/12/2023

**No. of NSS Volunteers
Participated: 211**

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Activities taken up:

- i) Awareness Sessions on Plastic Pollution
- ii) Campus Cleanup Drives
- iii) Plastic Collection and Recycling Initiatives
- iv) Educational Campaigns and Posters

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



'Clean Campus' Mission

Date – 19/12/2023

No. of NSS Volunteers Participated:
41

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Activities taken up:

- i) Awareness Campaigns on Cleanliness
- ii) Regular Campus Cleanup Drives
- iii) Maintenance of Cleanliness in Classrooms and Common Areas
- iv) Plastic-Free Initiatives

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



WINTER SPECIAL CAMP

Session: 2023 – 24

Theme – Public Health & Nutrition

(3rd January – 9th January 2024)

Organized by

NSS Unit – II

Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

The NSS Unit II of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya organized a NSS special winter camp 2023 - 24 at Chak Kumar village, PO - Chakshyampur, PS – Debra, District - Paschim Medinipur on the theme **Public Health & Nutrition**. The camp was organized from 3rd January 2024 to 9th January 2024. The Programme officer of NSS Unit II Prof Sunirmal Dolai shared the Programme schedule of activities to be conducted throughout the camp. In this camp different activities were scheduled such as Seminars, Cleanliness and Sanitizationn Programme, Tree plantation drive, Health Check-up camp, Health Education, Distribution of books and pens, Physical Exercise, Distribution of dry foods among villagers, Construction of drains, etc. Every evening there were games and cultural activities organized by NSS volunteers.

Day - 1

Date: 03-01-2024

Number of Participants: 50

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- Mr. Saikat Chakrabarti, Assistant Professor and Head of History, IQAC coordinator, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal

Activities taken up:

- Inaugural Programme,
- Physical exercise,
- Reaching the Camp Site,
- Registration,
- Grouping the NSS Volunteers,
- Distribution of Duties and Responsibilities,
- House hold visit,
- Distributing poster.

Inaugural Programme



Physical exercise



Reaching the Camp Site and Registration



Distribution of Duties and Responsibilities and House hold visit



Distributing poster



Day - 2

Date: 04-01-2024

Number of Participants: 50

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- Mr. Partha Pratim Pramanik, Assistant Professor and Head of the Department of Geography, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal

Activities taken up:

- Morning Assembly Physical exercise,
- Distribution of Nutrition Food among the local public at an adopted village,
- Awareness Programme about public health through poster presentation,
- Seminar on Waste Management

Morning Assembly and Physical exercise



Distribution of Nutrition Food among the local public at an adopted village



Awareness Programme about Public Health through Poster Presentation



Seminar on Waste management



Date: 05-01-2024

Number of Participants: 50

Day - 3

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- BMOH, Debra Super Speciality Hospital
- Mrs. Mili Maity, SACT, Department of Education, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra Super Speciality Hospital, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal

Activities taken up:

- Morning Assembly
- Physical exercise,
- Health Check-up Camp at Chak Kumar Primary School in Collaboration with Debra Super Speciality Hospital,
- Cleaning Program and Sanitization at Chak Kumar Primary School
- Seminar on Mental Health.

Morning Assembly and Physical Exercise



Health Check-up Camp at Chak Kumar Primary School in Collaboration with Debra Super Speciality Hospital



Seminar on Mental Health



Cleaning Program and Sanitization at Chak Kumar Primary School



Day - 4

Date: 06-01-2024

Number of Participants: 50

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- Subrato Ghosh, Assistant Fishery Officer, Directorate of Fisheries, Government of West Bengal at South 24 Parganas, Alipore, Kolkata

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal

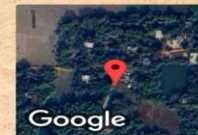
Activities taken up:

- Morning Assembly Physical exercise,
- Cleanliness drive programme & Sanitization Programme at adopted Village, Chak Kumar.
- Seminar on Opportunities for Income Generation and Self-employment in Fishery and Aquaculture in Rural West Bengal.
- Cultural Program

Morning Assembly and Physical exercise



Cleanliness drive Programme & Sanitization Programme at adopted Village, Chak Kumar



Chak Kumar, West Bengal, India
Chakkumar, Chak Kumar, Debra, West Bengal 721126, India
Lat 22.379728°
Long 87.557777°
06/01/24 09:26 AM GMT +05:30

GPS Map Camera

Seminar on Opportunities for Income Generation and Self-employment in Fishery and Aquaculture in Rural West Bengal



Cultural Program



Day - 5

Date: 07-01-2024

Number of Participants: 50

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal

Activities taken up:

- Morning Assembly Physical exercise,
- Cleanliness drive programme & Sanitization Programme at Chak kumar Primary School & bus-stand near Debra College,
- Construction of drains,
- Health Education among the local public at Chak kumar Village by NSS Volunteers,
- Cultural Activities

Morning Assembly and Physical exercise



Cleanliness drive Programme & Sanitization Programme at Chak Kumar Primary School & bus-stand near Debra College



Construction of drains



Health Education among the local public at Chak kumar Village by NSS Volunteers



Cultural Activities



Day - 6

Date: 08-01-2024

Number of Participants: 50

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- Dr. Nasreen Khan, Assistant Professor of Mathematics and NSS PO, Santal Bidroha Sardha Satabarshiki Mahavidyalaya

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal

Activities taken up:

- Morning Assembly Physical exercise,
- Cleanliness drive Programme & Sanitization Programme at Chak Kumar Village road side,
- Free education Class for school going children at Chak Kumar Village by NSS Volunteers,
- Distribution khata & pen among school going children at Chak kumar primary school
- Seminar on Yoga & Public Health Education,
- Cultural Programme.

Morning Assembly and Physical exercise



Cleanliness drive programme & Sanitization Programme at Chak Kumar Village road side



Free Education Class for school going children at Chak Kumar Village by NSS Volunteers and Distribution khata & pen among School going children at Chak Kumar primary school



Seminar on Yoga & Public Health Education



Cultural Programme



Day - 7

Date: 09-01-2024

Number of Participants: 50

Dignitary Present:

- Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Collaborating Agency:

- Chak Kumar Primary School, Chak Kumar, Debra, Paschim Medinipur, West Bengal
- Debra II(5) Gram Panchayet, Debra, Paschim Medinipur, West Bengal
- Debra Super Speciality Hospital, Debra, Paschim Medinipur, West Bengal

Activities taken up:

- Morning Assembly Physical exercise,
- Plantation programme at Chak kumar primary school,
- Closeing Ceremony.

Morning Assembly and Physical exercise



Plantation programme at Chak kumar primary school



Closing Ceremony



Swami Vivekananda Janma Jayanti (Arise Awake and stop not until the Goal is Achieved)

Date – 12/01/2024

**No. of NSS Volunteers
Participated: 39**

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

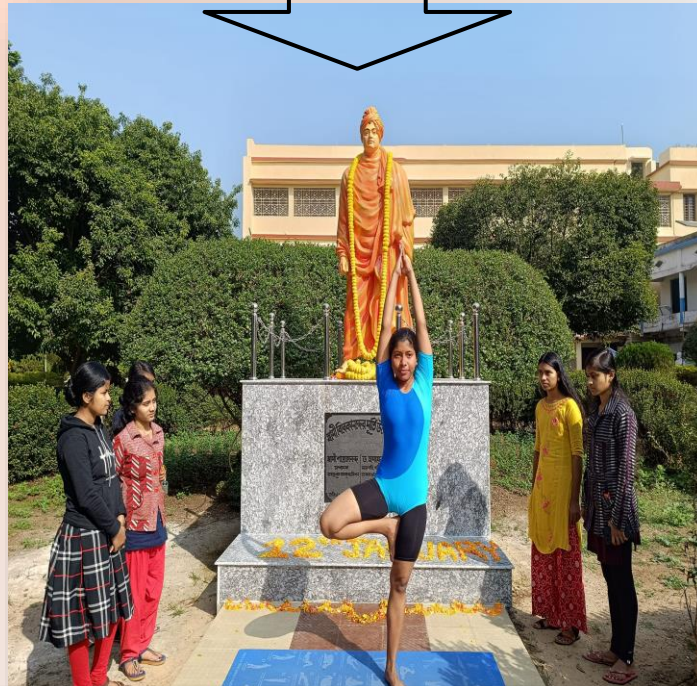
Activities taken up:

- i) Prayer and Meditation Sessions
- ii) Speeches and Lectures on Swami Vivekananda's Life and Teachings
- iii) Cultural Programs and Performances

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Road Safety Awareness Campaign and Volunteering Support for Road traffic

Date – From 11/01/2024 to 17/01/2024

Organised by: NSS unit – I, II, III

**No. of NSS Volunteers
Participated: 39**

Collaboration: Nehru Yuva Kendra, West Medinipur

Activities taken up:

- i) Awareness Rallies and Marches
- ii) Setting Up Road Safety Signage and Banners
- iii) Volunteering at Traffic Signals and Crosswalks
- iv) Simulation Exercises for Safe Driving Practices

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Officer in Charge, Debra Police Station
- iii) Guests from Nehru Yuva Kendra, West Medinipur

Action Photos



A Seminar on Channelizing Youth Power for Nation Building camp

Date – 18/01/2024

No. of NSS Volunteers
Participated: 79

Organised by: NSS unit – I, II, III

Collaboration: Red Ribbon Club

Activities taken up:

- i) Keynote Address on Youth Empowerment
- ii) Interactive Sessions on Social Responsibility
- iii) Motivational Talks by Inspiring Youth Icons
- iv) Q&A Sessions with Speakers and Panelists
- v) Closing Ceremony and Certificate Distribution

Dignitary Present:

- i) Dr. Shatrughan Kahar, Assistant Professor of History, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Debate Competition on Role of Youth in Character Building

Date – 20/01/2024

No. of NSS Volunteers
Participated: 39

Organised by: NSS unit – I, II, III

Collaboration: Red Ribbon Club

Activities taken up:

- i) Introduction of the competition and its theme.
- ii) Keynote address by a guest speaker.
- iii) Speech presentations by participants.
- iv) Q&A session with judges and audience. Interactive activities or group discussions.
- v) Announcement of winners.
- vi) Distribution of certificates and prizes.

Dignitary Present:

- i) Dr. Shatrughan Kahar, Assistant Professor of History, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Observation of Birthday of Netaji

Date – 23/01/2024

No. of NSS Volunteers
Participated: 53

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association of Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Flag Hoisting Ceremony
- ii) Tribute and Wreath Laying at Netaji's Portrait
- iii) Speeches and Lectures on Netaji's Life and Contributions
- iv) Patriotic Song Performances

Dignitary Present:

- i) Dr. Arpita Tripathy, Assistant Professor of Sanskrit, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Celebration of 75th Republic Day

Date – 26/01/2024

No. of NSS Volunteers
Participated: 139

Organised by: NSS unit – I, II, III

Collaboration: Alumni Association and Unnat Bharat Abhiyan (UBA)

Activities taken up:

- i) Flag Hoisting Ceremony and National Anthem Singing
- ii) Parade and March Past
- iii) Cultural Programs and Dance Performances
- iv) Speech by Chief Guest on Republic Day Significance
- v) Distribution of Sweets and Refreshments

Dignitary Present:

- i) Dr. Humayun Kabir, MLA of Debra and GB Member of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



A Seminar on National Road Safety Campaign - 2024

Date – 29/01/2024

No. of NSS Volunteers
Participated: 149

Organised by: NSS unit – I, II, III

Collaboration: Ashoka Buildcon limited

Activities taken up:

- i) Inaugural session with keynote speech.
- ii) Presentations on road safety data and case studies.
- iii) Leaflet distribution among NSS Volunteers to aware about traffic rules

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Speakers and Dignitaries from Ashoka Buildcon limited

Action Photos



A Workshop on Blood Donation Motivation and Recruitment

Date – 30/01/2024

**No. of NSS Volunteers
Participated: 132**

Organised by: NSS unit – I, II, III

Collaboration: Jibon Sathi Voluntary Blood Donor

Activities taken up:

- i) Introduction to the importance of blood donation.
- ii) Information on blood donation eligibility and safety.
- iii) Development of community outreach plans and Discussion on donor retention strategies.
- iv) Q&A session with experienced blood donation coordinators.

Dignitary Present:

- i) Sri Asim kumar Ghorai, W.B.C.S (Exe.)
- ii) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Awareness Programme on Environment Enrichment and Conservation at Adopted Village, Baragarh

Date – 02/02/2024

**No. of NSS Volunteers
Participated: 79**

Organised by: NSS unit – III

Collaboration: Ramakrishna Primary School, Baragarh

Activities taken up:

- i) Rally for Awareness at Adopted Village, Baragarh
- ii) Cleanliness Drive Programme at Ramakrishna Primary School Campus
- iii) Tree Plantation Programme

Dignitary Present:

- i) Headmaster of Ramakrishna Primary School, Baragarh

Action Photos



Drawing Competition among School Students at Ramakrishna Primary School

Date – 02/02/2024

**No. of NSS Volunteers
Participated: 31**

Organised by: NSS unit – I,II,III

Collaboration: Ramakrishna Primary School, Baragarh

Activities taken up:

- i) Briefing on competition rules and themes and Distribution of drawing materials.
- ii) Monitoring and assistance by NSS volunteers.
- iii) Collection and display of completed drawings.
- iv) Judging by a panel of art experts and announcement of winners and prize distribution.

Dignitary Present:

- i) Headmaster of Ramakrishna Primary School, Baragarh

Action Photos



Blood Donation Camp

Date – 03/02/2024

**No. of NSS Volunteers
Participated: 139**

Organised by: NSS unit – III

Collaboration: Debra Super Speciality Hospital

Activities taken up:

- i) Registration and screening of donors
- ii) Health check-up and eligibility assessment.
- iii) Blood donation process.
- iv) Post-donation rest and refreshments.
- v) Distribution of donor appreciation certificates.
- vi) Health and nutrition advice for donors.
- vii) Information booth on the benefits of regular donation.
- viii) Closing and thank-you session for participants.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Doctors from Debra Super Speciality Hospital

Action Photos



Plastic Eradication Programme

Date – 05/02/2024

**No. of NSS Volunteers
Participated: 49**

Organised by: NSS unit – I,II,III

Collaboration: Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Awareness Rally on Plastic Eradication at an adopted village, Chak kumar
- ii) Plastic Cleanliness Campaign at College side bus stand
- iii) Slogan on 'No Plastic' at College Campus

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



A Seminar on 'Non-Violence'

Date – 06/02/2024

**No. of NSS Volunteers
Participated: 63**

Organised by: NSS unit – III

Collaboration: Department of Philosophy, Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Inaugural address on the principles of non-violence.
- ii) Keynote speech by a prominent advocate of non-violence.
- iii) Interactive session on non-violent communication.
- iv) Closing remarks and future action plans.

Dignitary Present:

- i) Sri Koushik Jana, Department of Philosophy Debra Thana S K S Mahavidyalaya

Action Photos



Cleaning & Sanitization Programme at College

Date – 08/02/2024

**No. of NSS Volunteers
Participated: 37**

Organised by: NSS unit – I,II,III

Collaboration: Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Cleaning & Sanitization Programme at College side bus stand
- ii) Plastic Cleaning Programme at College Campus

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Pankoj Kanti Sarkar, Nodal officer, Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Action Photos



A Seminar on 'Secularism : An Indian Perspective'

Date – 09/02/2024

**No. of NSS Volunteers
Participated: 33**

Organised by: NSS unit – I,II,III

Collaboration: Department of History

Activities taken up:

- i) Inaugural address on the concept of secularism.
- ii) Keynote speech and historical overview of secularism in Indian society.
- iii) Case studies on secularism in Indian communities.
- iv) Interactive session on challenges to secularism in India.
- v) Closing remarks and discussion on future perspectives.

Dignitary Present:

- i) Dr. Shatrughan Kahar, Assistant Professor of History, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Quiz Competition among School Students at Chak kumar Primary School

Date – 10/02/2024

No. of NSS Volunteers
Participated: 49

Organised by: NSS unit – I,II,III

Collaboration: Chak kumar Primary School

Activities taken up:

- i) Registration and welcome session.
- ii) Briefing on quiz rules and format.
- iii) Final round to determine the winners.
- iv) Announcement of winners and prize distribution.

Dignitary Present:

- i) Headmaster of Chak kumar Primary School

Action Photos



One day Yoga training programme by NSS Volunteers at Chak kumar Primary School (Adopted Village, Chak kumar)

Date – 10/02/2024

**No. of NSS Volunteers
Participated: 36**

Organised by: NSS unit – I,II,III

Collaboration: Chak kumar Primary School

Activities taken up:

- i) Registration and welcome session.
- ii) Introduction to yoga and its benefits.
- iii) Warm-up exercises and stretching.
- iv) Basic yoga postures demonstration, guided yoga practice for participants, breathing exercises and relaxation techniques.
- v) Interactive Q&A session on yoga practices.
- vi) Closing ceremony with certificate distribution.

Dignitary Present:

- i) Headmaster of Chak kumar Primary School

Action Photos



Cleaning & Tree Plantation Programme at Chak kumar Primary School (Adopted Village, Chak Kumar)

Date – 10/02/2024

No. of NSS Volunteers
Participated: 43

Organised by: NSS unit – I,II,III

Collaboration: Chak kumar Primary School

Activities taken up:

- i) Students and volunteers cleaned the school premises and planted saplings to promote a greener environment at Chak Kumar Primary School.

Dignitary Present:

- i) Headmaster of Chak kumar Primary School

Action Photos



Awareness Programme on waste Management & Plastic Free Environment at Chakshyampur Primary School (Adopted Village, Chakshyampur)

Date – 12/02/2024

**No. of NSS Volunteers
Participated: 54**

Organised by: NSS unit – I,II,III

Collaboration: Chak kumar Primary School

Activities taken up:

- i) Plastic Cleaning Programme at School premises
- ii) Created an awareness among school Children
- iii) Visited households and gave more input on segregation and reuse of plastic.

Dignitary Present:

- i) Headmaster of Chak kumar Primary School

Action Photos



Poster making Competition & recitation Competition among School Students at Chakshyampur Primary School

Date – 12/02/2024

**No. of NSS Volunteers
Participated: 41**

Organised by: NSS unit – I,II,III

Collaboration: Chak kumar Primary School

Activities taken up:

- i) Students at Chakshyampur Primary School showcased their creativity in a poster-making competition and demonstrated their oratory skills in a recitation competition.

Dignitary Present:

- i) Headmaster of Chak kumar Primary School

Action Photos



With the assistance of NSS, students of Chak Kumar Primary School were invited to the Saraswati Puja feast.

Date – 15/02/2024

**No. of NSS Volunteers
Participated: 167**

Organised by: NSS unit – I,II,III

Collaboration: Chak kumar Primary School

Activities taken up:

- i) Students participated in traditional rituals and enjoyed a communal meal, fostering a sense of cultural appreciation and community spirit.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Headmaster and all Teachers of Chak kumar Primary School

Action Photos



Electrol Literacy Awareness Campaign

Date – 17/02/2024

No. of NSS Volunteers
Participated: 68

Organised by: NSS unit – I,II,III

Collaboration: Electrol Literacy Club

Activities taken up:

- i) Conducted informative sessions on the importance of voting.
- ii) Organized interactive workshops on the election process.
- iii) Displayed educational posters and banners.
- iv) Hosted Q&A sessions to address voter queries.

Dignitary Present:

- i) Sri Biplab Majumder, Department of History, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



No Plastic Drive Programme at our College Campus

Date – 19/02/2024

No. of NSS Volunteers
Participated: 26

Organised by: NSS unit – I,II,III

Collaboration: Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Set up collection points for plastic waste.
- ii) Conducted clean-up drives around the campus.
- iii) Displayed educational posters and banners on the dangers of plastic.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



A One Day Workshop on Train your Brain

Date – 20/02/2024

No. of NSS Volunteers
Participated: 213

Organised by: NSS unit – I,II,III

Collaboration: Alumni Association and Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

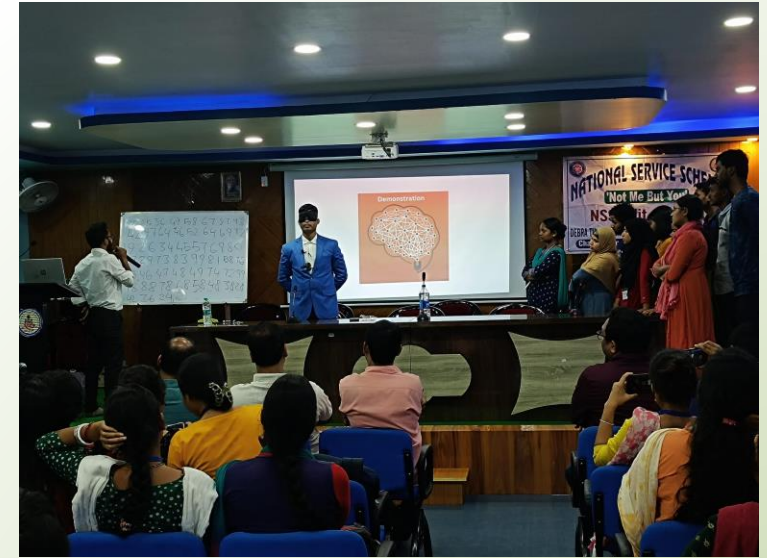
Activities taken up:

- i) Introduction to cognitive training techniques.
- ii) Hands-on activities for enhancing memory.
- iii) Interactive sessions on improving concentration.
- iv) Brain games and puzzles for cognitive stimulation.
- v) Strategies for effective time management.
- vi) Tips for maintaining a healthy brain through lifestyle choices.

Dignitary Present:

- i) *Dr Anup Banerjee*, Author, India Book of Record Holder, Life and Brain Performance

Action Photos



Celebration of International Mother language Day

Date – 21/02/2024

**No. of NSS Volunteers
Participated: 31**

Organised by: NSS unit – I,II,III

Collaboration: Department of Bengali

Activities taken up:

- i) Rally in remembrance martyrs
- ii) Special talk on International Mother Language Day
- iii) Cultural Programme on Importance of International Mother Language

Dignitary Present:

- i) All Teachers of Bengali Department, Debra Thana S K S Mahavidyalaya

Action Photos



Special Classes for adopted village school Children by NSS volunteers at Chak Kumar Primary School

Date – 23/02/2024

No. of NSS Volunteers
Participated: 33

Organised by: NSS unit – I,II,III

Collaboration: Chak Kumar Primary School

Activities taken up:

- i) NSS Volunteers have taken Special Classes for adopted village school children
- ii) Distribution pen & Chocolates among school Children at Chak kumar Primary School where each of them encouraged.

Dignitary Present:

- i) Headmaster of Chak Kumar Primary School

Action Photos



Remedial Coaching Classes for Slow Learners to improve their learning at Chak kumar Primary School.

Date – 24/02/2024

**No. of NSS Volunteers
Participated: 39**

Organised by: NSS unit – I,II,III

Collaboration: Chak Kumar Primary School

Activities taken up:

- i) Individualized lesson plans based on student needs.
- ii) Small group sessions for personalized instruction.
- iii) One-on-one tutoring for specific difficulties. Positive reinforcement and motivational strategies.

Dignitary Present:

- i) Headmaster of Chak Kumar Primary School

Action Photos



Garden Maintenance by NSS Volunteers at Our College Campus

Date – 26/02/2024

**No. of NSS Volunteers
Participated: 21**

Organised by: NSS unit – I,II,III

Collaboration: Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Watering plants and maintaining irrigation systems.
- ii) Planting new flowers and seasonal plants.
- iii) Fertilizing and soil conditioning.
- iv) Mulching to retain soil moisture.
- v) Cleaning and maintaining garden paths.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Career Counselling & Scholarship Test for Talented Students

Date – 29/02/2024

**No. of NSS Volunteers
Participated: 179**

Organised by: NSS unit – I,II,III

Collaboration: RICE, Kharagpur

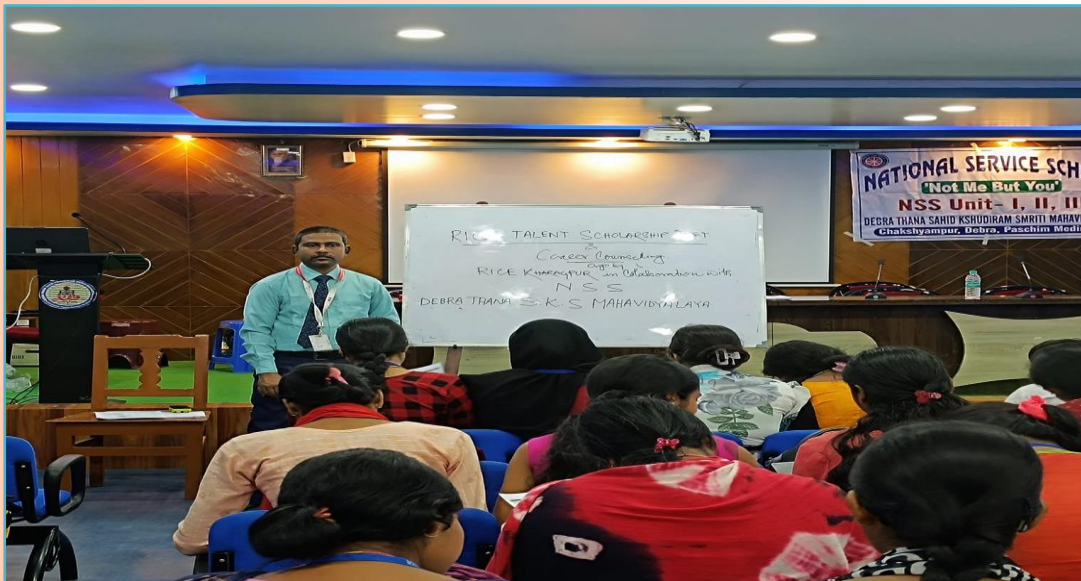
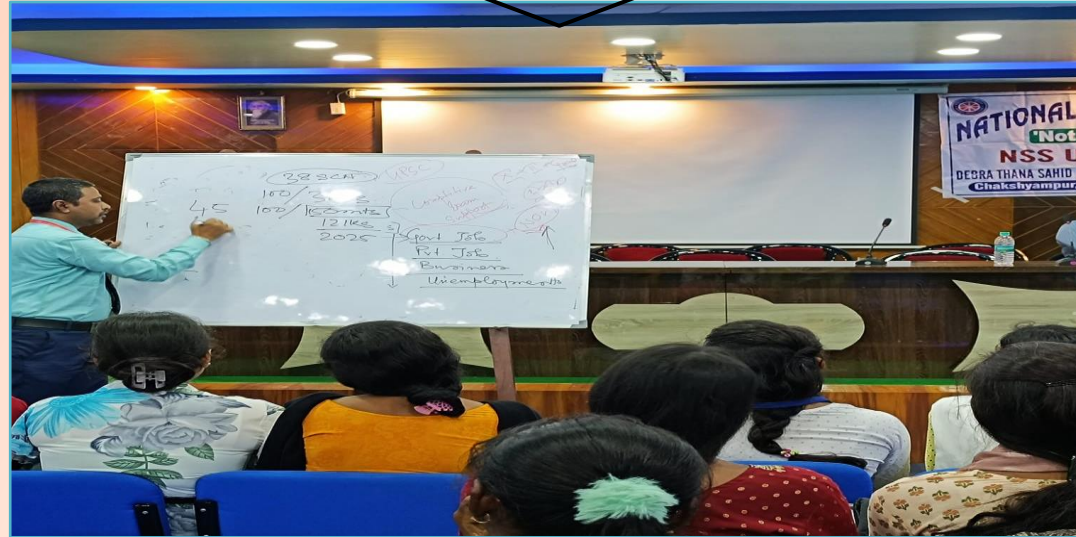
Activities taken up:

- i) Conducting career guidance sessions
- ii) Administering scholarship aptitude tests
- iii) Providing personalized counseling sessions
- iv) Offering information on educational opportunities
- v) Facilitating interactions with professionals

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dignitaries of RICE Education Center, Kharagpur

Action Photos



Special Class on Good Touch Vs Bad Touch at Chak Kumar Primary School

Date – 01/02/2024

**No. of NSS Volunteers
Participated: 34**

Organised by: NSS unit – I,II,III

Collaboration: Chak Kumar Primary School

Activities taken up:

- i) Conducting age-appropriate awareness sessions
- ii) Teaching children to differentiate between appropriate and inappropriate touches
- iii) Providing information on personal safety and boundaries
- iv) Encouraging open discussion and questions
- v) Educating children on whom to approach for help

Dignitary Present:

- i) Headmaster of Chak Kumar Primary School

Action Photos



Pulse Polio Immunization Programme

Date – 03/03/2024

No. of NSS Volunteers
Participated: 15

Organised by: NSS unit – I,II,III

Collaboration: Debra Super Speciality Hospital, Debra

Activities taken up:

- i) Conducting door-to-door vaccination drives
- ii) Setting up immunization booths at public places
- iii) Raising awareness through community outreach
- iv) Monitoring and recording immunization

Dignitary Present:

- i) BMOH, Debra Super Speciality Hospital, Debra

Action Photos



Mass Pulse Polio Immunization Programme & Household Visit by NSS unit- I, II, III Volunteers at Debra Block

Date – 04/03/2024

**No. of NSS Volunteers
Participated: 215**

Organised by: NSS unit – I,II,III

Collaboration: Debra Super Speciality Hospital, Debra

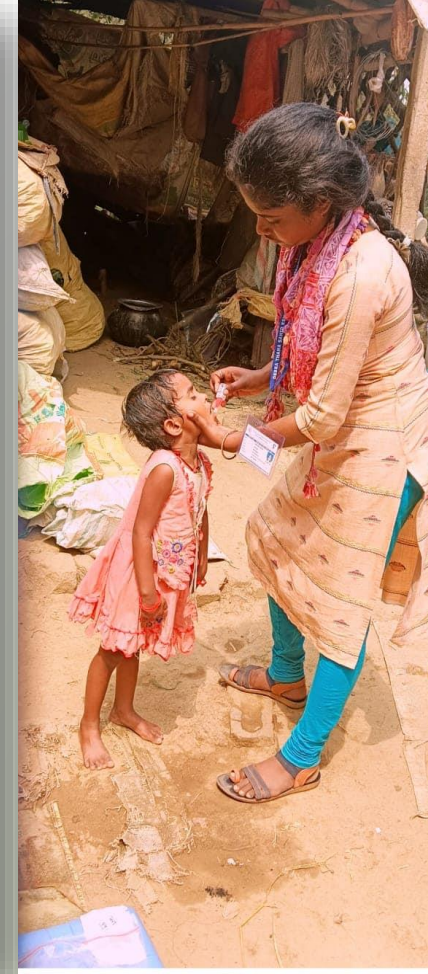
Activities taken up:

- i) Conducting door-to-door vaccination campaigns
- ii) Administering oral polio vaccines to children
- iii) Recording and tracking immunization data
- iv) Following up with households to ensure complete immunization
- v) Training volunteers for effective community outreach

Dignitary Present:

- i) BMOH, Debra Super Speciality Hospital, Debra

Action Photos



Free Eye Check Up Camp

Date – 04/03/2024

No. of NSS Volunteers
Participated: 69

Organised by: NSS unit – I,II,III

Collaboration: In Collaboration with Vivekananda Mission Asram Netra Niramay Niketan

Activities taken up:

- i) Performing comprehensive eye examinations
- ii) Offering advice on eye care and maintenance
- iii) Referring patients for further treatment if needed
- iv) Collecting patient data for follow-up and research purposes

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Doctors of Vivekananda Mission Asram Netra Niramay Niketan

Action Photos



Plastic Free Environment at our College campus

Date – 05/03/2024

No. of NSS Volunteers
Participated: 25

Organised by: NSS unit – I,II,III

Collaboration: Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Implementing plastic waste collection drives
- ii) Installing recycling bins around the campus
- iii) Encouraging students and staff to participate in plastic-free pledges
- iv) Displaying informational posters and banners about plastic reduction

Dignitary Present:

- i) Dr. Pankoj Kanti Sarkar, Assistant Professor of Philosophy, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Celebration of International Women's Day

Date – 07/03/2024

No. of NSS Volunteers
Participated: 165

Organised by: NSS unit – I,II,III

Collaboration: Women's Cell In Collaboration with Alumni Association

Activities taken up:

- i) Organizing awareness talks and panel discussions
- ii) Conducting Seminar on the Health Issue of Womens
- iii) Advocating for gender equality and women's rights

Dignitary Present:

- i) BMOH, Debra Super Speciality Hospital, Debra

Action Photos



Anemia Detection Camp

Date – 07/03/2024

No. of NSS Volunteers
Participated: 143

Organised by: NSS unit – I,II,III

Collaboration: Women's Cell In Collaboration with Dept. of BMLT

Activities taken up:

- i) Conducting hemoglobin level screenings
- ii) Providing iron deficiency counseling
- iii) Distributing nutritional advice
- iv) Offering supplementation recommendations

- i) BMOH, Debra Super Speciality Hospital, Debra

Action Photos



Voter Awareness Programme

Mera Pehla Vote Desh Ke Liye

Date – 15/03/2024

**No. of NSS Volunteers
Participated: 132**

Organised by: NSS unit – I,II,III

Collaboration: Alumni Association and Unnat Bharat Abhiyan (UBA), Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Conducting voter education sessions
- ii) Providing guidance on voting procedures
- iii) Encouraging voter turnout through campaigns

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Thalassemia & Sickle Cell Anaemia Screening Camp

Date – 04/04/2024

No. of NSS Volunteers
Participated: 172

Organised by: NSS unit – I,II,III

Collaboration: District NCD Cell, Department of Health & Family Welfare, Paschim Medinipur

Activities taken up:

- i) Conducting awareness sessions and distributing educational materials.
- ii) Registering participants and collecting consent forms.
- iii) Providing genetic counseling before and after tests.
- iv) Collecting blood samples at phlebotomy stations.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dignitaries of District NCD Cell, Department of Health & Family Welfare, Paschim Medinipur

Action Photos



World Earth Day Celebration

Date – 22/04/2024

No. of NSS Volunteers
Participated: 23

Organised by: NSS unit – I,II,III

Collaboration: Chakkumar Primary School

Activities taken up:

- i) Plantation Programme at Adopted Village Chak Kumar.
- ii) Plastic Eradication Programme

Dignitary Present:

- i) Headmaster of Chakkumar Primary School

Action Photos



Birthday Celebration of Kabiguru Rabindranath Thakur

Date – 08/05/2024

No. of NSS Volunteers
Participated: 32

Organised by: NSS unit – I,II,III

Collaboration: Alumni Association of Debra Thana S K S Mahavidyalaya

Activities taken up:

- i) Poetry recitation of Rabindranath Tagore's works.
- ii) Tribute to the portrate of Kabiguru.

Dignitary Present:

- i) Sandipan Maity, Department of Computer Science, Debra Thana S K S Mahavidyalaya

Action Photos



Thalassemia Awareness Programme

On the occasion of International Thalassemia Day

Date – 09/05/2024

**No. of NSS Volunteers
Participated: 181**

Organised by: NSS unit – I,II,III

Collaboration: Jibon Sathi Blood Donors Association

Activities taken up:

- i) Educational seminar on Thalassemia.
- ii) Screening and genetic counseling sessions.
- iii) Interactive Q&A session with medical experts.

Dignitary Present:

- i) President of Jibon Sathi Blood Donors Association

Action Photos



Blood Donation Camp- 2024

Date – 16/05/2024

No. of NSS Volunteers
Participated: 182

Organised by: NSS unit – I,II,III

Collaboration: Debra Super Specialty Hospital

Activities taken up:

- i) Pre-donation health check-up for donors.
- ii) Registration and screening of donors.
- iii) Blood donation process with trained medical staff.
- iv) Distribution of refreshments to donors.
- v) Issuance of certificates and thank-you notes to donors.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Doctors of Debra Super Specialty Hospital

Action Photos



Celebration of World Environment Day

Date – 05/06/2024

No. of NSS Volunteers
Participated: 35

Organised by: NSS unit – I,II,III

Collaboration: State Bank of India, Debra

Activities taken up:

- i) Tree planting drive on campus.
- ii) Clean-up campaign in surrounding areas.
- iii) Seminar on environmental conservation.

Dignitary Present:

- i) Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Manager, State Bank of India, Debra ADB Branch

Action Photos



A Seminar on Yoga for Women Empowerment

Date – 18/06/2024

**No. of NSS Volunteers
Participated: 142**

Organised by: NSS unit – I,II,III

Collaboration: Dept. of Physical Education In Collaboration with Women's Cell

Activities taken up:

- i) Keynote speech on the role of yoga in women's empowerment.
- ii) Panel discussion with female yoga practitioners.
- iii) Yoga demonstration focusing on poses beneficial for women.
- iv) Workshop on yoga for stress relief and mental health.

Dignitary Present:

- i) Dr. Arpita Tripathy, Convenor of Women's Cell, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Joydev De, Assistant Professor of Physics, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Celebration of International Yoga Day- 2024

Date – 21/06/2024

No. of NSS Volunteers
Participated: 165

Organised by: NSS unit – I,II,III

Collaboration: Dept. of Physical Education In Collaboration with Alumni Association

Activities taken up:

- i) Organize a sunrise yoga session.
- ii) Conduct a yoga workshop for students and faculty.
- iii) Host a yoga and mindfulness seminar in the auditorium.

Dignitary Present:

- i) Dr. Pankoj Kanti Sarkar, Burser, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya
- ii) Dr. Partha Pratim Pramanik, Assistant Professor of Geography, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Action Photos



Thank
You